



FedsWISH: Feds Walk in Support of Health and Hunger (Relief)

FedsWISH is a government-wide initiative in support of USDA's "Feds Feed Families" initiative and the 2022 White House Conference on Hunger, Nutrition, and Health. Through this initiative, the Federal workforce will mobilize to inspire their local communities to engage in healthy behavior and champion local and national efforts to end hunger.

Agencies and employees are encouraged to donate/collect healthy non-perishable food goods and participate in a designated, nationwide 30-minute walk (or wheelchair roll). Employees may use this walk opportunity to deliver their donations to local food banks and/or shelters, and are encouraged to engage with local community members. Agencies and employees are encouraged to showcase their support and efforts using the hashtag "#FedsWISH".

Healthy non-perishable food items may include:

- Dried and canned beans
- Dried fruits and vegetables
- Canned fruits and vegetables
- Pickled/ fermented vegetables
- Nuts, seeds, and nut butters
- Grains
- Canned fish and meat
- Granola/protein bars
- Low sodium Soups
- Shelf stable dairy and non-dairy milk

What participants need to know:

- Participants are encouraged to wear the color orange during their activity.
- Employees located in the Washington, D.C. Metro area are encouraged to participate in an "all-in" walk or wheelchair roll on September 29, 2022, from 10:30am - 12:30pm EST.
- Remote or geographically located employees are encouraged to participate in their local communities and share pictures of their efforts on the FFF Hub using the hashtag #FedsWISH.

If you have any questions, please contact your agency Feds Feeds Family Champion.

